

FOR IMMEDIATE RELEASE

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Christine Jowers

Moving Arts Projects

Exploring Dance Landscapes

ANNOUNCES

Moving Arts Projects Mini Festival (in 2 parts),
*a low-cost summer dance experience for dancers,
actors and other artists who move*
July 18-22 and August 2-10, 2005

NEW YORK, NY: July 1, 2005 – **Christine Jowers/Moving Arts Projects** is thrilled to offer an affordable two-part mini festival this summer to celebrate, inspire and nurture creative visions and the people who make them happen. The first part of the festival, entitled **MOVING PLAYDATES FOR DANCERS AND ACTORS** runs from **July 18 through 22, 1-3pm daily, at KHDT Studios, 330 Broome Street (between Bowery and Chrystie). Cost is \$5. Class size is limited to 20.** Pre-registration at the above contact is recommended. Part two of the mini-festival is entitled **MOVING WITH THE CULTURE PROJECT-WOMEN CENTER STAGE 2005** and runs **August 2 -4 and August 9 and 10, 2-4pm at The Culture Project@45 Bleecker – 45 Bleecker Street, just off Lafayette. Classes are FREE, but enrollment is limited.** Pre-registration at the above is required. Details follow.

Christine Jowers/Moving Arts Projects created the Moving Arts Mini-Festival to provide an energizing, supportive and low cost experience this summer for dancers, actors, and other artists who move. The mini fest offers participants some space to “retreat” for a few hours from the daily struggles of being a performer/creator in NYC and allows them an opportunity to share their visions of dance, connect with other artists and explore creative possibilities.

PART 1: MOVING PLAYDATES FOR DANCERS AND ACTORS

Underwritten and Produced by Christine Jowers / Moving Arts Projects.

Dates: July 18 through 22, 2005

Times: 1-3pm daily

Location: KHDT Studios, 330 Broome Street (between Bowery and Chrystie)

Cost: \$5 per class

Class size is limited to 20.

Pre-Registration required:

sydney@movingartsprojects.org or CJ/MAPS at (646) 613-8668

Schedule/Class Descriptions:

Monday, July 18:

"AND THE DANCERS SPOKE, AND IT WAS GOOD" with **Marisa Sullivan**

Participants will play with acting and voice exercises to create honest speaking in performance. Stressing simplicity and clarity, they will combine voice, movement and character.

Tuesday, July 19:

"PLAYING WITH BODY PERCUSSION" with **Tigger Benford**

Participants will explore some of the many ways that the body can be used as a percussion instrument. Participants will begin by working with voice, learning multi-syllabic rhythmic words that are used in Indian music and dance to teach and learn rhythm. At the same time they will learn some basic body percussion, sound making vocabulary and methods of shifting weight, timing, etc. The class will then perform several body percussion sequences together and then break into small units to make short individual pieces. The workshop will conclude with each group sharing their creativity with the class.

Wednesday, July 20:

"BECOMING... PLAYING WITH THE ELEMENTS" with **Christine Jowers**

Children move on the playground effortlessly, yet purposefully, with their very own grace. They are simply BEING themselves. Using elements of the landscapes that surround and inhabit us as points of inspiration, participants will PLAY with set choreography, movement invention AND CRAYONS to release their imagination and fully become their dance.

Thursday, July 21:

"MOVING WITH A PAINTING" with **Irina Poulos**

When looking at a painting we perceive a moment – a story, concrete or abstract. In this guided workshop, participants will work together to create a movement vocabulary based on the style and technique of a piece of artwork and will play with perceptions of the story presented by the artist. How does it begin? Where does it end?

Friday, July 22:

"PLAY AND PROCESS" with **Martha Williams**

"Play and Process" is an opportunity for choreographers and dancers to be intimate in

exploring their desires around their creation and to integrate play (not work) as a means to dancing with fullness and courage. Participants will explore what "play" means, and how they use it for themselves and with others.

PART 2: MOVING WITH THE CULTURE PROJECT-WOMEN CENTER STAGE 2005

Presented by Christine Jowers / Moving Arts Projects in collaboration with THE CULTURE PROJECT@45 Bleecker, and their 2005 community partner, Planned Parenthood of New York City. CJ/MAPS wishes to thank the Culture Project for their support in underwriting these presentations.

Dates: August 2,3,4 and August 9, 10th 2005

Times: 2-4pm

Location: The Culture Project@45 Bleecker – 45 Bleecker Street, just off Lafayette

Cost: FREE

Class size is limited.

Pre-Registration required:

sydney@movingartsprojects.org or CJ/MAPS at (646) 613-8668

Schedule/Class Descriptions:

Tuesday, August 2 and Thursday, August 4:

"MOVING, SOUNDING, ACTING" with **Janis Brenner**, Artistic Director of Janis Brenner and Dancers

This workshop is a synthesis of Brenner's many years of work with Meredith Monk, Murray Louis and Alwin Nikolais, as well as the development of her own, unique teaching aesthetic and choreography over the last fifteen years. In "MOVING SOUNDING ACTING" Brenner explores the process of integrating movement, voice and speaking by delving into the mind/body connection-sensations and experiences – through structured improvisation. Each class incorporates a physical warm-up as well as a vocal warm-up. The group also learns songs to be sung together in "rounds." The sense of community and unified purpose that this creates within the group lays the groundwork from which participants can move into movement, voice and text explorations together and individually.

Limited enrollment. Please pre-register. Note this is a two-day workshop

Wednesday, August 3:

"MEDIA DANCE: LINKING THE BODY AND TECHNOLOGY IN THE NEW MILLENIUM" with **Dawn Stoppiello** and **Mark Conniglio**, Artistic Directors of **Troika Ranch**

This two-hour workshop introduces the participants to Troika Ranch's innovative approach to integrating interactive digital media with contemporary live performance. The workshop will begin with a lecture/demonstration in which Stoppiello and Conniglio explain their aesthetic and technical approach to creating interactive performance. Then, participants will be directed through simple movement exercises that explore the linkage of body to media, interactive worlds where a flick of the wrist produces a musical phrase, or a shifting torso manipulates exquisite video imagery.

Tuesday, August 9:

"MAMA'S AND PAPA'S STORIES- MOVEMENT AND SPOKEN WORD" with **Andrea Woods**, Artistic Director of **Souloworks**

Informing the choreographic process with movement, memory and myth, this workshop is a movement/voice exploration geared to stimulate/generate ideas for dance making by using family history and anecdotes. While exploring as a group and as individuals, participants will use stories and relationships from their nuclear and extended families, living and ancestral, as resource material for the choreographic process. The workshop will include a group warm-up, and participants should wear loose comfortable clothing or sweats and bring notebook/journal, pencil/pen, family memories, stories and myths to share. Limited enrollment. Please pre-register.

Wednesday, August 10:

"INTERFACES- GENDER AND THEATRICALITY" with **Jill Sigman**, Artistic Director of **/jill sigman/thinkdance/**

The workshop will investigate the places where pure movement shades into character, character launches into movement and movement is suddenly and undeniably permeated with gender. We will explore how the "genderedness" of movement affects how we see and are seen as performers, and can be used as a tool in creating choreographic meaning. The workshop will begin with subtle improvisations that focus on the position of the sternum and other bony structures, and will develop into greater physicality involving walking, running, and dancing. This approach to movement is central to the work of /jill sigman/thinkdance/. (Note: This fall, /jill sigman/thinkdance/ will be seeking additional performers for an upcoming project.) Limited enrollment. Please pre-register.

Also as part of **MOVING WITH THE CULTURE PROJECT- WOMEN CENTER STAGE 2005** Christine Jowers will awaken "The Goddess of Recycling" one of her Dancing Goddesses of NYC created with choreographer Rachel Cohen and Designer Agata Oleksiak. She will be performing for the opening night festivities of WOMEN CENTER STAGE 2005 at The Culture Project@45 Bleecker, Friday, July 29th at 8pm.

[BIOS OF ALL PARTICIPATING INSTRUCTORS ARE AVAILABLE UPON REQUEST]

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